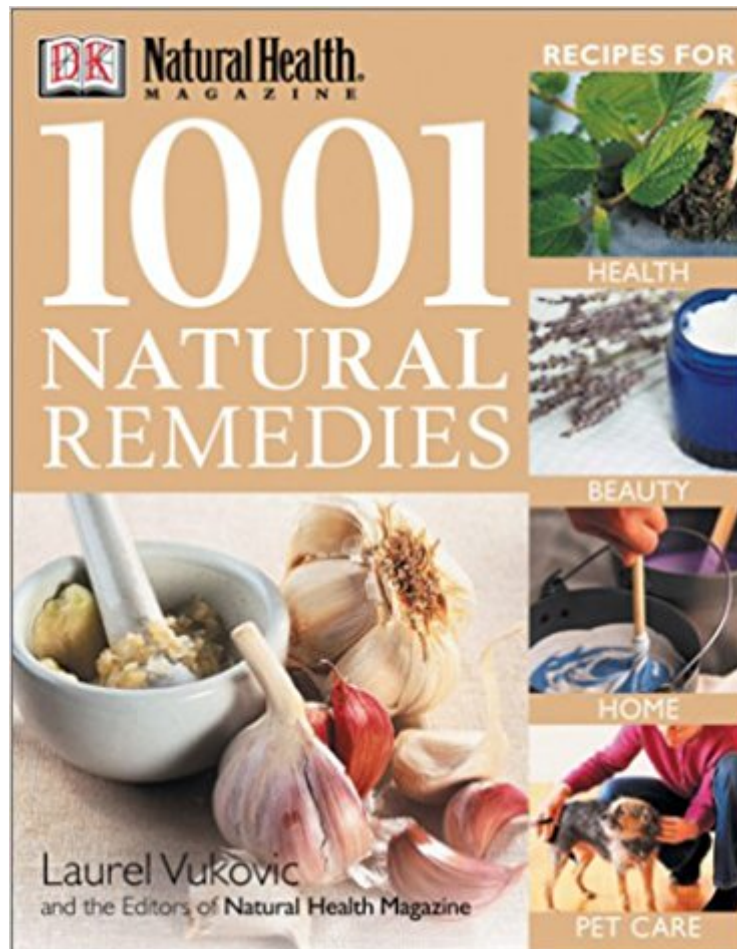




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# 1001 Natural Remedies (DK Natural Health)



## Synopsis

An inspiring compendium brimming with tried and tested homemade concoctions for every domestic need, 1,001 Natural Remedies explains how to treat common ailments, how to have radiant skin, restore scuffed furniture, remove stains and protect delicate plants all without resorting to commercial cleaners, polishes, bleaches, and medicines.

## Book Information

Series: DK Natural Health

Paperback: 192 pages

Publisher: DK ADULT; 1st edition (July 11, 2003)

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Product Dimensions: 7.2 x 0.6 x 9.2 inches

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Average Customer Review: 4.6 out of 5 stars 28 customer reviews

Best Sellers Rank: #1,362,103 in Books (See Top 100 in Books) #67 in [Books > Health, Fitness & Dieting > Alternative Medicine > Reference](#) #103 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Reference](#) #890 in [Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy](#)

## Customer Reviews

Laura Vukovic has been an herbalist, teacher, and writer for more than two decades. She is a contributing editor for Natural Health Magazine and is the author of several books, including Journal of Desires and 14 Day Herbal Cleansing. Natural Health Magazine is the largest health and fitness magazine publisher in the world, with 34 international editions in 54 countries and a combined readership of over 10 million.

I recently purchased this book described as used condition yet good. The book is as good as brand new. I have taken this book to work to show my friends as well as posting it as a must have on my social group. This has made me order a handful for friends and family. DK is my favorite publisher of well pretty much anything they make. In every book they put out, this one included the reading material so so easy to understand and they always do pictures with their stuff. This book numbers each remedy it has who cu makes it better to skim through or just read one by one. As it says on in

the front you have recipes from health all the way to pets. Even better these are all natural! A few sections to mention is acne, skin and hair, pet treats, sinusitis, bath salts, body scrubs, natural air freshener, laundry soap and depression. In the back of the book you will find an index that can help you find just what you're looking for! Great book!!

This is a cool book to browse and get a few good ideas. 1001 is a stretch - a lot of the "remedies" are common sense stuff...I think "get enough sleep" is in every chapter and counts as a different remedy. However, I found the directions easy to follow and the ingredients more or less easy to come by. I will definitely use some of the concoctions in this book, and so far I've found that the information is accurate. I wish you could buy it through Prime in the U.S. I would imagine this makes a great gift along with some essential oils and dried herbs.

I love my book I use it on a daily basis for all my needs. I had this book 6 years ago I ordered 3 more off of for friends and family. It has everything in it that I don't have to look for in other books. Don't need a Dr. this book has it all for me and more on pets n house I love this book and it's a must book for most families. Giving it for gifts this year and next year....

This is the 2nd time I've purchased this book (one as a gift). Some of the recipes are common sense but still worth the purchase. I love DIY and I use this book in addition to recipes I find online (YouTube and Pinterest, mostly). Some of the recipes I use as a base or starter and tweak to what I want. For the most part, I use the recipe as is since they're pretty common. It's just really nice to have everything in one place, without having to dig around.

Book in excellent condition except for pages 20 and 21, which were stuck together with a sticky substance. I managed to pull the pages apart without tearing them. But there is an oval kind of shape of sticky stuff on page 21 that I have been able to remove. There are four smaller spots of a sticky substance on page 20 that I have been unable to remove. So the pages keep sticking together. As the rest of the book is in such excellent condition, this is very disappointing.

Great book for some general information about herbal remedies. Also has great recipes for pretty simple natural alternatives.

LOVE LOVE LOVE this book!!!! We go to it for so many things!!!! I've made a lot of the house

cleaners and the furniture cleaner and they work wonderfully. I love that we have a all natural way to take care of ourselves and our home.

I had a couple of copied pages from this book but decided I needed this book in its entirety. 1001 Natural Remedies covers it all, personal hygiene, home, etc. If you want to be chemical/toxin free, I recommend this book.

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Natural Antibiotics And Antivirals: The Complete Guide To Homemade Natural Herbal Remedies To Prevent And Cure Infections and Allergies (Home Remedies, Herbal Remedies, Organic Antibiotics)  
1001 Natural Remedies (DK Natural Health) DIABETES: 15 Super Foods To Quickly And Safely Lower Blood Sugar: How To Reverse and Prevent Diabetes Naturally (Natural Diabetes Cure - Diabetes Natural Remedies - Natural Diabetes Remedies) Natural Healing and Remedies  
Cyclopedia: Complete solution with herbal medicine, Essential oils natural remedies and natural cure to various illness. (The answer to prayer for healing) EPSOM SALT: 50 Miraculous Benefits, Uses & Natural Remedies for Your Health, Body & Home (Home Remedies, DIY Recipes, Pain Relief, Detox, Natural Beauty, Gardening, Weight Loss) How to Get Rid of Cellulite: Cellulite Treatments, Exercises, Prevention & Natural Remedies - On Your Thighs, Stomach and Legs (Natural Remedies For Cellulite) Blood Pressure Solution: How to lower your Blood Pressure without medication using Natural Remedies (Natural Remedies, Blood Pressure, Hypertension)  
Native American Medicine: Discover the Natural Healing Secrets and Remedies for Your Mind, Body and Spirit (Native American Medicine, Natural Remedies, ... Treatment, Herbal, Naturopathy Book 1) Essential Oils For Pets: Ultimate Guide for Amazingly Effective Natural Remedies For Pets (Natural Pet Remedies,Essential Oils Dogs, Essential Oils Cats,Aromatherapy Pets,Essential Oils For Pets,) 1001 Natural Remedies 1001 Inventions and Awesome Facts from Muslim Civilization: Official Children's Companion to the 1001 Inventions Exhibition (National Geographic Kids) 1001 Whiskies You Must Taste Before You Die (1001 (Universe)) 1001 Beers You Must Taste Before You Die (1001 (Universe)) Health Communication: From Theory to Practice (J-B Public Health/Health Services Text) - Key words: health communication, public health, health behavior, behavior change communications Natural Remedies: Learn The Basic Baby Steps About All Of These Profound Healing Remedies To Cure Illnesses In This Collection Herbal Medicine Natural Remedies: 150 Herbal Remedies to Heal Common Ailments Healing Hepatitis & Liver Disease Naturally: Detoxification. Liver gallbladder flush. Alternative remedies for hepatitis C. Heal Hepatitis B with natural ... remedies. Stop cirrhotic progression Homemade Repellents: 31 Organic

Repellents and Natural Home Remedies to Get Rid of Bugs, Prevent Bug Bites, and Heal Bee Stings (Home Remedies, ... Homesteading, How to Get Rid of Bed Bugs) Fibroid Reversal: Doctor's Guide To Natural Remedies, Treatment Guide To Healing Uterine Fibroids With homemade remedies, Cure And Genitourinary Recovery Scabies and Lice Explained: Causes, Prevention, Treatment, and Remedies All Covered! Information including symptoms, cure, removal, eggs, home remedies, ... natural treatment, life cycle, & more!

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